HISD Nutrition Services IMPROVING LIVES. BUILDING TRUST. Physician's Request for Special Dietary Date: Accommodations School Year:	
Student's Name (Last, First)	Date of Birth
School 0	Grade ID
Parent/Guardian	Phone
School Nurse	Phone
I give Health Services/ Nutrition Services permission to speak with the the dietary needs described below.	below named Physician or Authorized Medical Authority to discuss ent/Guardian Signature Date
Section A. (To be completed by a licensed physician) Disability or severe, life-threatening food allergy Student's Medical Condition/Disability (REQUIRED)	Section B. (To be completed by a recognized medical authority) Food Allergy/Intolerance (NOT LIFE THREATENING) Student without a disability but is requesting dietary accommodations Please check one of the boxes below (REQUIRED):
I. Disability or Severe Life-Threatening Food Allergy: Student has allergies that are life threatening/anaphylactic? Yes, continue with this section INO, refer to section B No Fluid Dairy Milk Ingredients (in baked goods, etc.) No Milk Protein/Milk Ingredients (in baked goods, etc.) No Whole Eggs INO Eggs as an ingredient No Wheat/Gluten INO Peanuts INO Tree Nuts No Seafood INO Soy Other (Please list)	 Allergy Intolerance Other
Substitutions II. Texture Modification: Year Round Temporary: Start Stop Liquids: Solids: Thin (Regular Liquids) Nectar Thick Pudding Thick Pudding Thick NPO Supplement: NPO Supplement: Deciasure w/ Fiber 1.5 Dosage Per Meal (REQUIRED): Breakfast *Supplements not listed above may take up to 6 weeks to be processed.	Substitutions I certify that the above named student needs special dietary accommodations, as described above, because of the student's disability and/or life-threatening food allergy or food intolerance/allergy, as indicated. Signature of Prescribing Medical Authority Date Printed Name of Medical Authority
IV. Therapeutic Diet Order: Please provide specifics below.	Address

accommodations must be requested in writing by physician or authorized medical authority.

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